

▶ **O.N.E.™ Tropical Juice** {Yield: 2 servings}

List of Ingredients

- 9 oz. of O.N.E.™ Coconut Water
- 1 individual unit of Peppermint
- 5 drops of Liquid Diet Sweetener
- 1 medium slice of Pineapple

Instructions

1. Put all ingredients in the blender. Serve ice cold.

Nutritional Values Per Serving:

Calories:	141.34 Kcal
Proteins:	5.3 Grams
Lipids:	0.62 Grams
Carbohydrates:	29.98 Grams
Fibers:	2.67 Grams